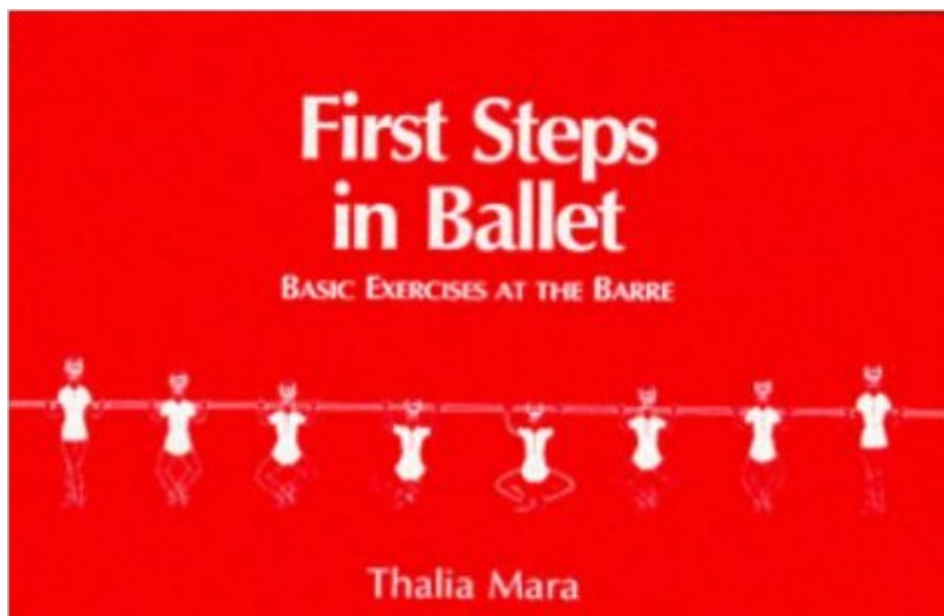


The book was found

First Steps In Ballet: Basic Exercises At The Barre



Synopsis

Book by Mara, Thalia

Book Information

Paperback: 64 pages

Publisher: Princeton Book Company Publishers (April 1987)

Language: English

ISBN-10: 0916622533

ISBN-13: 978-0916622534

Product Dimensions: 5.4 x 8 x 0.3 inches

Shipping Weight: 3.7 ounces

Average Customer Review: 4.0 out of 5 starsÂ Â See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #990,573 in Books (See Top 100 in Books) #99 inÂ Books > Arts &

Photography > Performing Arts > Dance > Reference #291 inÂ Books > Arts & Photography >

Performing Arts > Dance > Classical #4578 inÂ Books > Arts & Photography > Performing Arts >

Theater

Customer Reviews

I began dancing when I was 6 years old and 30 years later, still love it, but I tend to go on autopilot with my daily workouts and this book was exactly what it said it was and gave me the perfect little reminders about the basics as I am teaching my three-year-old some ballet moves. The only objection I have is that while the book is great, the price is really a little much for something of this size and simplicity.

Thalia Mara is truly a life saver. I have purchased all of her books and they are very descriptive and informative. 1st steps to ballet is a good introduction that can give a bit of a challenge without overwhelming the young ballet student. I recommend it to all ballet students, beginning, intermediate, and advanced.

This book was helpful in giving me a taste of ballet before making a big commitment to classes, etc. It is helpful for someone just starting ballet, with steps they can practice at home.

[Download to continue reading...](#)

First Steps in Ballet: Basic Exercises at the Barre Barre Fitness: Barre Exercises You Can Do

Anywhere for Flexibility, Core Strength, and a Lean Body Basic Ballet: The Steps Defined (Penguin Handbooks) Raising the Barre: Big Dreams, False Starts, and My Midlife Quest to Dance the Nutcracker Maria Fay's Floor Barre Essential Chords for Guitar, Mandolin, Ukulele and Banjo: 2nd Ed. Chord Fingering Charts for Major, Minor and Seventh Chords, Keys, Barre Chords, Arpeggio Scales, Moveable Soloing Scales Essential Chords for Guitar, Mandolin, Ukulele and Banjo: Second Edition, Chord Fingering Charts, Keys, Barre Chords, Arpeggio Scales, Moveable Soloing Scales, Blank Chord Boxes and Sheet Music Ballet Beautiful: Transform Your Body and Gain the Strength, Grace, and Focus of a Ballet Dancer The Secret of the Ballet Book: (Kids Fantasy Books, Ballerina Fiction) (Kids Mystery, Girls Books Ages 9-12, Ballet Stories, Dance Books, Kids Books, Kids Fantasy Books Ages 9-12) Inside Ballet Technique: Separating Anatomical Fact from Fiction in the Ballet Class The Ballet Companion: A Dancer's Guide to the Technique, Traditions, and Joys of Ballet Ballet 101: A Complete Guide to Learning and Loving the Ballet My Very First Library: My Very First Book of Colors, My Very First Book of Shapes, My Very First Book of Numbers, My Very First Books of Words Visual Basic in easy steps: Covers Visual Basic 2015 Exercises in English Level G: Grammar Workbook (Exercises in English 2008) Exercises in Oral Radiography Techniques: A Laboratory Manual for Essentials of Dental Radiography (3rd Edition) (Thomson, Exercises in Oral Radiography Techniques) Princess Posey and the First Grade Ballet (Princess Posey, First Grader) Ballet Steps: Practice to Performance Basic Principles of Classical Ballet Basic Japanese Through Comics Part 1: Compilation Of The First 24 Basic Japanese Columns From Mangajin Magazine (English and Japanese Edition)

[Dmca](#)